

## TRACING THE NECESSITY AND EMERGENCE OF "POSTS" IN LITERATURE THE EVER-GROWING RELEVANCE OF 'POST' THEORIES IN MODERN LIFE AND LITERATURE

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### ABSTRACT

The 21st century has seen the exponential rise of 'post' theories, such as postmodernism, postcolonialism, and posthumanism, as critical frameworks in understanding both literature and the evolving dynamics of modern life. These theories serve as intellectual tools to deconstruct traditional narratives, challenge established systems of meaning, and address the complexities of a rapidly globalizing world. In literature, the necessity of 'post' theories stem from their ability to reflect the fragmented realities of contemporary life, offering nuanced perspectives on identity, power structures, environmental concerns, and technological advancement. For instance, postcolonialism interrogates the lingering effects of colonial histories, while posthumanism raises essential questions about the intersection of humans, technology, and the environment in the Anthropocene.

This paper explores the emergence and deepening relevance of 'post' theories within literary studies and broader societal contexts. It highlights how these frameworks engage with shifting paradigms, from reimagining the role of marginalized communities to addressing the ethical dilemmas posed by artificial intelligence. By tracing the trajectories of postmodernism, postcolonialism, and posthumanism in literature, this study demonstrates their vital role in reshaping intellectual approaches, fostering liberationist thought, and addressing global challenges. As such, it underscores the enduring importance of "posts" in responding to the uncertainties and transitions of the modern era.

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